



Heath Hands Update – August 2024

Highlights

- 25th anniversary celebrations through summer with party at Kenwood and short film released: www.heath-hands.org.uk/blog/heathhandsat25
- 7th annual Heath Community Fun Day on 23rd June welcomes hundreds of visitors
- Collaboration with CoLC, ZSL and London Hogwatch to carry out major hedgehog survey across Hampstead Heath

Midway through year, there've been 5,000 participants across all our **activity programmes**, and:

- Over 2,500 visitors to Dairy and engagements at **nature interpretation** sessions
- Numerous public **events** supported and busy programme of **walks and talks** on topics of bats, birds, pollinators, the historic landscape, Kenwood Estate, the River Fleet, trees etc
- More than 400 children participated at sixty **Heath Friendly Schools** sessions; weekly provision for two local **SEN schools**.
- Over 600 people take part in our health and **wellbeing** activities including mindfulness, forest bathing and the weekly **health walks**.
- 30 **corporate volunteering** events delivered over last 5 months, with 450 participants.
- Busy year for **community engagement**, with new groups engaged and over 2,500 people participating at 30 events.

- More than **500 volunteer sessions** delivered by Heath Hands, CoLC and EH teams since April 2024, with over **8000 hours** contributed by volunteers across NLOS.
- Heath Hands staff delivered 410 activities and volunteer sessions.
- Select **conservation** work: Mixed and Men's ponds landscaping, hedgerow planting and wildflower meadow restoration
- Busy **wildlife monitoring** year including reptile, pollinator and Nature's Calendar phenology project with LNHS

Coming up

- Finalisation of new **partnership agreement** with CoLC – North London Open Spaces; and agreement being drafted between Heath Hands and Keats House
- **Fundraising campaign** for wildflower meadow conservation work:
<https://heathhands.enthuse.com/cf/wildflower-meadow-appeal-2024>
- Annual **photo competition** (ahead of 2025 Heath calendar publication):
www.heath-hands.org.uk/photo-competition